

DIPLOMA IN COUNSELLING CHILDREN AND YOUNG PEOPLE

2025-2026

COURSE
INFORMATION

Scan to find out more



bacp | counselling
changes lives

DIPLOMA IN COUNSELLING CHILDREN AND YOUNG PEOPLE 2025-2026

Application Deadline:

February 2025

The programme has been designed with individuals who work fulltime and have family commitments in mind.

Each term has a 5-day Monday to Friday training unit scheduled to fit within school holidays plus Study Days which take place on Saturdays. Some of the Study Days in modules two, three and four are only half day attendance. The programme will be delivered from the Persona Training Centre in Uddingston.

The programme is designed around three key areas:

- **Theoretical understanding:** key theoretical concepts, their relevance and integration for therapeutic change
- **Professional and clinical competence:** the therapeutic conditions, therapeutic processes and ethical practice
- **Personal development:** the development of self-awareness and self-reflection as a counselling practitioner

Diploma in Counselling Children & Young People 2025-2026

Location: Grove House, Uddingston

Dates: April 7th 2025 - December 12th 2026

Duration: 2 years - Part-time - 6 modules

Cost: £6500



bacp | counselling
changes lives

Diploma in Counselling Children and Young People 2025-2026

The programme incorporates the **BACP Counselling Children and Young People** training curriculum (4-18 years) and is designed to provide an in-depth professional training in counselling for young people aged 5-18 years.

Academically, the programme provides an advanced investigation of evidenced based interventions for working therapeutically with children and young people in an educational setting. The philosophical approach of the programme integrates an evidence-based **Resilience Based Approach** and the therapeutic conditions hypothesised by Carl Rogers the founder of **Client-Centred Therapy**.

The Diploma was first delivered for Aberdeenshire Council's School Counselling Service in 2021-2023 and is currently in the **final stages of Course Accreditation with BACP**.

DIPLOMA IN COUNSELLING CHILDREN AND YOUNG PEOPLE 2025-2026

LEARNING OUTCOMES

- To provide a reliable knowledgebase of human growth and development for students who wish to specialise in working with young people
- To provide a theoretical framework which is supported by research within which students can develop their therapeutic practice with young people
- To provide a context of investigation and learning about the ethical and legal issues which are relevant to working with young people in an educational setting
- To provide an in-depth examination of current and critical themes relevant to the lives of young people with an examination of how to work therapeutically with these
- To promote an enhanced awareness of the importance of self-reflective learning and practice when working therapeutically with young people

YEAR 1:

MODULE 1

The therapeutic conditions for supporting the psychological wellbeing of children and young people

MODULE 2

The spectrum of psychological wellbeing and mental health in young people.

YEAR 2:

MODULE 3

Creating a collaborative therapeutic agenda to support the holistic wellbeing of young people

MODULE 4

Working with primary school children to support their emotional health, psychological resilience and reactions to adverse childhood experiences

YEARS 1&2:

MODULE 5

Clinical Competence: the use of supervision and an in-depth understanding of the counselling process

MODULE 6

Development of the Reflective Practitioner: self-awareness and the ability to be self-reflective

COURSE ASSESSMENTS

The programme has a blend of formative and summative assessment processes which are structured to provide ongoing support and encouragement, with feedback from members of staff and other students. Formal feedback is provided specifically in relation to each of the three core areas of the course:

- **Theoretical understanding:** is monitored and assessed through written assignments and presentations
- **Clinical competence:** is monitored and assessed through live practice sessions, recorded sessions, group supervision and the presentation of case studies
- **Self-reflectiveness and the ability to understand process;** is monitored through participation in Course Community Meetings, Process Reflection Groups, Process Orientated and Experiential Workshops and the submission of a Learning and Development Statement.

DIPLOMA IN COUNSELLING CHILDREN AND YOUNG PEOPLE 2025-2026

ENTRY REQUIREMENTS

All applicants must have completed a foundation training in either Counselling or Counselling Skills (e.g. COSCA) as a minimum entry requirement. We may also consider applications from candidates who have completed similar courses and/or who have substantial relevant experience and are able to make a case for themselves on the basis of 'equivalent experience'. Equivalent experience would mean that the applicant has experience of working (paid or as a volunteer) in a role which necessarily involves using counselling skills and creating a supportive relationship with children and young people.

APPLICATION PROCESS

Candidates are invited to submit a completed application form supported by two professional references. The selection procedure involves the assessment of the candidate's written application, and two individual interviews with members of the training team. During the individual interviews the training team assesses each candidate against a set of criteria. The training team are looking for evidence of an understanding and appreciation of counselling, an understanding of human nature and interpersonal relationships, psychological maturity, a sense of commitment, motivation and responsibility and the ability to cope with the different challenges of the programme.

PROGRAMME COSTS

The overall cost of the 2025-2026 programme is £6,500.00. An initial deposit of £500 is required to secure a place on the programme. Fees are required to be paid in advance at the beginning of the academic year. Payment Plans are available on request. The course fees include the cost of student enrolment and PVG check with Disclosure Scotland. Please note: The course is not SAAS funded.

ADDITIONAL COSTS

The course provides regular group supervision; however, students are also required to participate in 32 hours of Individual Supervision out with the delivery of the programme. The course will provide students with a list of approved supervisors, and the cost of individual supervision is met by the student which can range from £40-£50 per session. Students are also required to apply for BACP student membership at a cost of £86 per year.



**EXCHANGE
RESOURCE**



Ready to take the next step?

Visit: exchange-resource.net/diploma

Get in touch:

admin@personacounselling.com

Contact us:

0330 202 0283

Scan to find out more

