

Quinn pointed to the lake, it glistened far away. She thought maybe they could go there, but not today. As morning came again, Quinn's heart was beating fast, it was time to set off but first she would get her raft. How do we get to the lake?, Her ideas felt all jumbled, her heart began to beat fast and her mind began to crumble. BEAR was busy bumbling, there was something important to make, he knew they had to cross the river so Quinn could reach her lake.

Bear finished what he was doing, and he held up a map, Quinn couldn't quite believe it-how handy is that?!

They set off into the forest, searching for a sign. Sometimes one step, sometimes two steps but always one step at a time. Quinn pointed to the map, she saw the lake marked in red. It was just across the river, "We can get there Bear!" she said. The trees parted ahead, the river was a surprise – it was both calm and choppy, an enemy in disquise.

The water was rough and rugged, the rapids would test her strength, it was a challenge she needed to face to find her peace again.

The raft had saved her before -that much was true, it was time to think outside of the box and challenge what she knew.

She looked at bear for guidance and he answered with a nod, and so she made the decision, which felt rather odd.

The raft would become a bridge, stepping stones to lead the way. But first they had to break it up, be that as it may. The logs were huge and heavy, Quinn handled them with care. Somehow she knew she could do it and she had some help from Bear.

The next storm could push them back, although try as she might, but for the first time in forever – the lake was finally in sight.

As she took her final step, to get to the other side. She knew it was time to part ways, and turned to Bear to wave goodbye.

At the other side the forest looked inviting, Everything felt different, unknown but exciting.

She looked out ahead, the lake rippled in the breeze. Quinn took a deep breath and finally her world felt at ease.



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